

NRASTC Courses

Recommended For

Swimming teachers, coaches and/or instructors working during programmed activities, such as swimming lessons or club-based activities.

Course Specifications

- Valid for 2 years
- New candidates must attend 12 hours of training
- Renewal candidates must attend 6 hours of training

Pre-Requisites

Candidates must be a minimum of 16 years of age at the time of taking the assessment. No prior first aid knowledge is required.

How to Book

Please email leisure@bloxhamschool.com to find upcoming dates, or to make a request to run a course for an organisation.